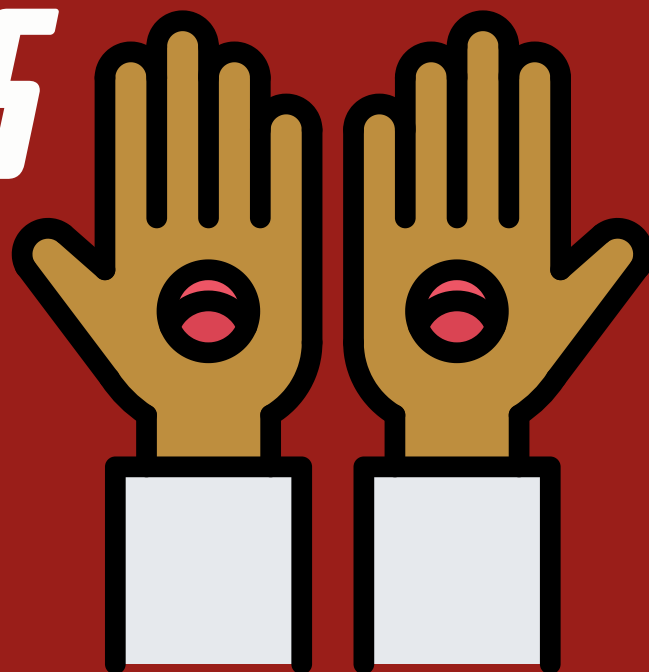


ST. OLAVE'S
ANGELICAN CHURCH
Junior!

LESSON 26

*THE HANDS
OF JESUS*



MEMORY

VERSE:

"And this is the testimony: God has given us eternal life, and this life is in his Son. Whoever has the Son has life..."

1 John: 5:11,12



STORY TIME

Watch the story of Jesus visiting the disciples.
[Click here](#) to watch the video **AND** read *John*
20:19-29.



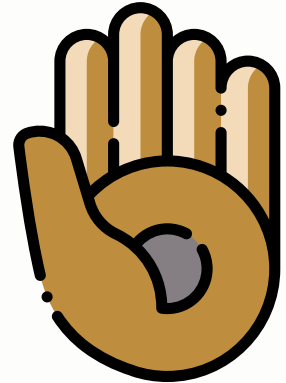
BIG POINT!

Jesus will always be
patient with us.

ACTIVITY 1:

To do this activity you'll need:

- Bowls
- Cloths
- Household objects/ materials to put into bowls (water, paper scraps, salt, marbles, small toys, etc.)



After Jesus came back, he visited most of his disciples and they saw him and spoke with him. Thomas, however, missed out, so when he heard what had happened, he didn't believe it. He needed to have an experience with Jesus himself to help him believe, and Jesus gave that to him. He met with Thomas, spoke with him, and even offered to let Thomas touch his wounds. Jesus accepted Thomas just as he was—full of questions and doubts—and helped him reach a place of understanding and belief.

Sometimes, in order to understand the world around us, it helps to ask questions and explore. Similar to Thomas, we can learn through our senses, our questions, and our interactions. Let's explore that today with Belief Bowls.

The leader will prepare bowls with different touch-safe household objects and materials and then cover them with a cloth so participants can't see what's inside (as best as possible, try to make sure there are enough bowls for all participants). The first participant can put their hand inside the bowl to feel what's inside. The participant can describe to the rest of the group what they feel, and everyone is allowed to ask the leader questions about what's in the bowl. When someone guesses what's inside the bowl OR when the group decides they want to see what's inside the bowl, the leader can remove the cloth and show everyone the contents. Everyone can have a turn looking at what's inside for themselves and seeing it with their own eyes. The process repeats for each bowl.

COLOURING SHEET

