

**ST. OLAVE'S ANGLICAN CHURCH**  
**Rector: The Rev'd Robert Mitchell**  
**Assistant Curate: The Rev'd Alexandra Pohlod**  
**Director of Music: Mr. P. John H. Stephenson**  
**www.stolaves.ca     416-769-5686**

## **Announcements for February 23, 2020**

### **T O D A Y   A T   S T .   O L A V E ' S**

**WE EXTEND A VERY WARM WELCOME** to the 101<sup>st</sup> Toronto Scout Groups and the 155<sup>th</sup> Girl Guide Units, and their families, who have joined us for their annual Thinking Day Church Parade service this morning.

**CONGRATULATIONS** to the #101<sup>st</sup> Toronto Scout Groups as they celebrate their 80th anniversary!

**ANNUAL PANCAKE LUNCHEON: Today in the Parish Hall at 12 noon.** We cordially invite you to join us for this annual highlight of our fellowship schedule at St. Olave's. It has been convened on the Sunday before Ash Wednesday for well over thirty years. Admissions at the entrances to the parish hall. Our prices remain the same as the past several years. Adults \$6. Children \$3. And a Family rate of \$15 for parents with children. This one is truly a "don't miss"! You gotta eat here! – Jim Shapland, Chair, St. Olave's Hospitality Committee.

### **T H I S   W E E K   A T   S T .   O L A V E ' S**

**CHAIR YOGA WITH DARLENE HEWITT:** For people of all ages with various levels of physical limitations. Mondays at 10:00 a.m. in the Ethel Brown Room. Durations: 1 hour. Cost: \$10 per class; 1-month trail \$30; 12-week package: \$90. For more information, contact Darlene at 416-357-3934.

**SAFE CHURCH WORKSHOP:** Tuesday February 25 at 10:00 a.m. Please see notice on page 3 for more details.

**WEDNESDAY BIBLE STUDY:** Join us on Wednesday for Bible Study in the Ethel Brown Room. We meet every Wednesday at 10 a.m. Holy Communion in the Chapel follows at 11:15 am.

**ASH WEDNESDAY (February 26)** marks the beginning of Lent. This

short said service will be held at 11:15 a.m. in the chapel, and a sung service with choir will be held at 7:00 p.m. in the church. Please join us.

**LENTEN EVENSONG AND MUSIC FROM PLAINSONG TO ANGLICAN CHANT:** Join us on Sunday, **March 1** for Evensong with the Healey Willan Singers at 4, followed by a music feature by Dr. Jesse Billett of the University of Toronto. From the earliest times, the Biblical book of Psalms has enjoyed pride of place in Christian worship. The feature will begin with the psalmody of early Christian monks who, departing from the elaborate singing of solo lectors in urban churches, created a new and simple way of chanting the psalms that allowed them to recite the texts together. This simple system was the backbone of Western musical education throughout the Middle Ages, and it survived the tumults of the Protestant Reformation, being given new life by composers such as Thomas Tallis and John Morley. This tradition gave birth, not only to what would come to be known as Anglican chant (sung by choirs), but also to the popular psalm tunes that were the first popular hymns.

#### **SERVICES THIS WEEK:**

Tuesday February 25	8:30 a.m. Morning Prayer 4:30 p.m. Evening Prayer
Wednesday February 26	8:30 a.m. Morning Prayer 11:15 a.m. Holy Communion 4:30 p.m. Evening Prayer 7:00 p.m. Holy Communion <i>Ash Wednesday</i>
Thursday February 27	8:30 a.m. Morning Prayer 4:30 p.m. Evening Prayer <i>George Herbert, Pastor and Poet</i>
Friday February 28	8:30 a.m. Morning Prayer 12:00 noon ORA 4:30 p.m. Evening Prayer
Sunday March 1	8:30 a.m. Holy Communion 10:00 a.m. Morning Prayer 10:30 a.m. Holy Communion and Litany <i>First Sunday in Lent</i>



**BIRTH ANNOUNCEMENT:** Fred and Stephanie Sallah are pleased to announce the birth of their daughter, Juliette Sallah, Tuesday, February 11. Fred was confirmed at St. Olave's in January and their three children, Madeline, Preston and Simone are regular attenders of Junior Church. Blessings to the Sallah family!

<b>PARISH ANNOUNCEMENTS</b>
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**HOW WILL YOU OBSERVE LENT THIS YEAR?** The Book of Common Prayer marks the forty days of Lent as "Days of Abstinence" (see BCP p. xiii). Abstaining or giving-up something for Lent is a powerful way of marking this season. Don't make it too easy (giving up boiled spinach?) and don't make it too hard. Find something that you will notice, that will challenge you, but that you think you can manage without until Easter. It should be uncomfortable, but not punishing! Lent is also a time to focus inward, to read scripture, to pray and to do good works. Think about how you will observe Lent this year and use this time to grow closer to our Lord.

**SAFE CHURCH WORKSHOPS** will be held in the Ethel Brown Room on Tuesday February 25 at 10 am. as well as following the 10:30 service on March 1. **Please note that attendance at one of these sessions is mandatory for everyone holding medium- or high-risk ministry positions.** If you currently hold one of these positions and you haven't already been contacted, or if you intend to sign up for a new position in the coming year, please contact the Assistant Curate, Alexandra Pohlod, at [curate@stolaves.ca](mailto:curate@stolaves.ca), or by telephone at 416-769-5686 ext. 3. We are grateful to you for the work you do and for your cooperation in following the diocesan requirements.

**PILGRIMS GROUP:** Wednesday March 4 at 2:00 p.m.

**THE BEAUTY OF HOLINESS: ST. OLAVE'S 2020 LENTEN SERIES, begins Wednesday, March 4.** Join us for Evening Prayer at 6 p.m., followed by a light supper at 6:30 p.m. From 7 to 8 p.m., the Rev'd Robert Mitchell and the Rev'd Alexandra Pohlod explore traditional Anglican worship: The History and Structure of Morning and Evening Prayer (March 4); The Implements of Worship (March 11); Vestments and Clerical Wear (March 18); The History and Structure of Holy Communion (March 25); An Instructed Eucharist (April 1).

On Saturday, March 7, 2020, St. Olave's Church will be hosting a World Day of Prayer Service at 10:00 am, followed by a reception downstairs in the Parish Hall. This ecumenical service offers prayers for women around the globe, with a focus in 2020 on the women of Zimbabwe. The invitation is out to everyone to join in the World Day of Prayer as we celebrate the theme: Rise! Take Your Mat and Walk. Women from neighbouring Christian churches will be participating in this event, to stand together in prayer and action. Follow on [www.wicc.org](http://www.wicc.org). Rev'd Alexandra Pohlod will be participating and we will also be assisted by the ACW. We welcome new volunteers, to help with the service and with hospitality. For more information please contact Annis Tebbutt at 416-658-4913, or at: [annist@rogers.com](mailto:annist@rogers.com).

**ACW EXECUTIVE MEETING:** Tuesday March 17 at 10:30 a.m.

**MARY & MARTHA GROUP:** Tuesday March 17 at 1:30 p.m.

**A LENTEN QUIET DAY WITH BISHOP ANDREW ASBIL AT ST. OLAVE'S!** We are delighted that our Diocesan Bishop, Andrew Asbil, will be leading a Lenten Quiet Day for St. Olave's on **Saturday, March 28, from 10 a.m. to 3 p.m.** A Quiet Day is an opportunity to take a pause from the stresses and busyness of daily life, and focus inward on the spiritual life. There is no cost to attend, although donations for the provided lunch will be welcome. Please register by contacting Judy Beal at the church office, or online (visit [eventbrite.ca](http://eventbrite.ca) and type into the search bar the word "Asbil". Click on the event posting and then click on the green "Register" button).

**ONLINE GIVING AT ST. OLAVE'S:** We have enrolled in a stewardship program called [tithe.ly](http://tithe.ly) which manages online giving for more than 12,000 churches in North America. Go to [stolaves.ca/giveonline](http://stolaves.ca/giveonline) to make your gift to our general fund, our Second Century Mission Fund or our maintenance fund. **You do not need to sign in or create an account to make a donation.** You can also download the [tithe.ly](http://tithe.ly) app for your phone and give-on-the-go. You will be prompted to set up an account for your first gift, but once you're set up, it's easy to make donations whenever or wherever you like!

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**STAY INFORMED ABOUT NEWS AND SPECIAL EVENTS AT ST. OLAVE'S!** Please email the office at [stolaves@stolaves.ca](mailto:stolaves@stolaves.ca) if you'd