

ST. OLAVE'S ANGLICAN CHURCH  
**Rector: The Rev'd Robert Mitchell**  
**Assistant Curate: The Rev'd Alexandra Pohlod**  
**Director of Music: Mr. P. John H. Stephenson**  
www.stolaves.ca     416-769-5686

## Announcements for March 8, 2020

### TODAY AT ST. OLAVE'S

**COFFEE HOUR:** Visitors and parishioners, please join us downstairs after the 10:30 a.m. service for fellowship and light refreshments. Thank you to Lori and Grant Dickson for hosting this morning's coffee hour.

**WORSHIP COMMITTEE MEETING:** In the Wardens' Vestry following coffee hour.

### THIS WEEK AT ST. OLAVE'S

**CHAIR YOGA WITH DARLENE HEWITT:** For people of all ages with various levels of physical limitations. Mondays at 10:00 a.m. in the Ethel Brown Room. Durations: 1 hour. Cost: \$10 per class; 1-month trail \$30; 12-week package: \$90. For more information, contact Darlene at 416-357-3934.

**WEDNESDAY BIBLE STUDY:** Join us on Wednesday for Bible Study in the Ethel Brown Room. We meet every Wednesday at 10 a.m. Holy Communion in the Chapel follows at 11:15 a.m.

**THE BEAUTY OF HOLINESS: ST. OLAVE'S 2020 LENTEN SERIES, continues on Wednesday, March 11.** Join us for Evening Prayer at 6 p.m., followed by a light supper at 6:30 p.m. From 7 to 8 p.m., the Rev'd Robert Mitchell and the Rev'd Alexandra Pohlod explore traditional Anglican worship: The Implements of Worship (March 11); Vestments and Clerical Wear (March 18); The History and Structure of Holy Communion (March 25); An Instructed Eucharist (April 1).

**OUTREACH AT ST OLAVE'S:** All interested parishioners and guests are invited to join the Rev'd Alexandra Pohlod next Sunday (March 15), during coffee hour, in the Ethel Brown Room for an informal conversation about outreach opportunities at St. Olave's.

### SERVICES THIS WEEK:

Tuesday March 10

8:30 a.m. Morning Prayer

4:30 p.m. Evening Prayer

Wednesday March 11	8:30 a.m. Morning Prayer 11:15 a.m. Holy Communion 6:00 p.m. Evening Prayer
Thursday March 12	8:30 a.m. Morning Prayer 4:30 p.m. Evening Prayer <i>Gregory the Great, Doctor and Bishop</i>
Friday March 13	8:30 a.m. Morning Prayer 12:00 noon ORA 4:30 p.m. Evening Prayer
Sunday March 15	8:30 a.m. Holy Communion 10:00 a.m. Morning Prayer 10:30 a.m. Holy Communion <i>Third Sunday in Lent</i>

## PARISH ANNOUNCEMENTS

**THE LENTEN VEIL:** The large dark purple cloth hanging behind the Altar is a Lenten Veil. The practice of the Lenten Veil is an ancient English practice that calls to mind the time between Adam's sin and the Passion of Christ, when humanity lost sight of God's face. As our eyes were veiled from the sight of God then, so we symbolically veil the beauty of our church during these penitential days of fasting and prayer.

**HOW WILL YOU OBSERVE LENT THIS YEAR?** The Book of Common Prayer marks the forty days of Lent as "Days of Abstinence" (see BCP p. xiii). Abstaining or giving-up something for Lent is a powerful way of marking this season. Don't make it too easy (giving up boiled spinach?) and don't make it too hard. Find something that you will notice, that will challenge you, but that you think you can manage without until Easter. It should be uncomfortable, but not punishing! Lent is also a time to focus inward, to read scripture, to pray and to do good works. Think about how you will observe Lent this year and use this time to grow closer to our Lord.

**ACW EXECUTIVE MEETING:** Tuesday March 17 at 10:30 a.m.

**MARY & MARTHA GROUP:** Tuesday March 17 at 1:30 p.m.

**A LENTEN QUIET DAY WITH BISHOP ANDREW ASBIL AT ST. OLAVE'S!** We are delighted that our Diocesan Bishop, Andrew, Asbil, will be leading a Lenten Quiet Day for St. Olave's on **Saturday, March 28, from 10 a.m. to 3 p.m.** A Quiet Day is an opportunity to take a pause from the stresses and busyness of daily life, and focus inward on the the spiritual life.

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There is no cost to attend, although donations for the provided lunch will be welcome. Please register by contacting Judy Beal at the church office, or online at [www.stolaves.ca/quietday](http://www.stolaves.ca/quietday)

**EASTER LILIES:** Easter is only 5 weeks away! If you would like to donate a lily in memory of a loved one, you may order one through the church office or by signing the sheet provided in the Narthex. The cost of \$10 per lily is payable to St. Olave's, and the lilies will be delivered and arranged on the Saturday before Easter by Caroline Audet. The names of those commemorated will be printed in the Easter bulletin.

**THANKS TO OUR FEBRUARY GREETERS:** Caroline Audet, Bette Birmingham, Craig Douglas, Janice Douglas, Cathy Hutcheon, David Hutcheon, Paul Scrivener, Judy Sher, Rev. Ruth Smith, Sheila Tait. Greeters welcome people when they come to worship at St. Olave's. A friendly face can make a huge impression, especially on a first-time visitor. Besides greeting people when they arrive and handing out bulletins, greeters also take up the collection, assist people down the steps after communion and help the Wardens with the collection count. If you would like to be a greeter please add your name to the sign-up sheet on the clipboard in the Narthex at the Windermere entrance, or contact Janice Douglas at [craig.janice@rogers.com](mailto:craig.janice@rogers.com) for more information.

### **ANNUAL PANCAKE LUNCHEON, SUNDAY, FEBRUARY 23, 2020**

**REPORT ON THE RESULTS:** Well, this turned out to be a very proud day for St. Olave's. The results can be briefly summarized. An estimated 100 diners served in a virtually sold out parish hall. Total admission receipts of \$436. Food and beverage costs of \$247.46. So, a welcomed surplus contributed to treasury of \$188.54. We wish to especially thank our teams of volunteers (including our visiting Scouts, Guides and their Leaders) who all performed at an extraordinarily high level-- in every respect. We also thank the Scouts for their very generous donation of the real Ontario maple syrup and for bringing the fabulous cake to celebrate their 80th anniversary.

Sincerely. Jim Shapland, Chair, St. Olave's Hospitality Committee.

Updated March 8: Surplus is now over \$208.54 thanks to an additional donation!

**A NOTE OF THANKS** – To my family of St. Olave's:

I would like to thank The Rector, and Alexandra, for the Fri. Feb 21 and Sun. Feb. 23 presentation to me. In all honesty, I never felt I was deserving of such praise of my longevity and accomplishments during my tenure as Head Lay Reader. Although my voice crackled when I spoke, I tried to say something of how I felt about serving and our congregation in general. Serving for the past 43.5 years has been an honour to me. I enjoyed each and every minute up to the present day. I can still leave St. Olave's and feel 10 feet tall following a service.

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Serving is one of the most rewarding things I have ever done in my life, so if you want to really feel the Real Presence during a service of worship. I suggest you consider the office of Server. What helped me throughout all those years was the support of the congregation, my Christian family. I was always a call away if I was needed by not only the Rector, but by anyone within the parish. This kind of dedication toward each other makes our parish much stronger. When I preached over the years, I could stand in the pulpit and picture where everyone sat from years past, along with their smiles, winks and undivided attention as I spoke. The congregation made me feel that my ministry was respected, understood and loved. Again, thank you all for the tremendous love and support you have given me over the years. My heart will always be here at St. Olave's.

Yours with sincerity and every blessing, Graydon McArthur



## **VESTRY UPDATE**

At our Annual Vestry Meeting held on Friday, February 21, the following people were appointed by the Rector:

*Rector's Warden:* Janice Douglas

*Deputy Rector's Warden:* Michael Jones

*Religious Education Chair:* William Cowling

*Altar Guild President:* Dale Allen

*Flower Convener:* Caroline Audet

*Member of Advisory Board:* Jim Leatch and Alicia Christopher. (Following the meeting, Jon Ingall was appointed *Head Server* and Henry Jeens was appointed *Deputy Head Server*.)

The following people were appointed by the Wardens:

*Treasurer:* Annis Tebbutt

*Second Century Mission Fund Chair:* Jean Lilley

*Capital Fund Investment Committee Chair:* David Hutcheon

*Hospitality Committee Chair:* Jim Shapland

*Property Committee Chair:* Sheila Tait

*Secretary of Advisory Board:* Judy Beal.

And, the following people were elected:

*People's Warden:* Don Weston

*Deputy People's Warden:* Sharm Powell

*Lay Member of Synod:* David Pickering and Jon Ingall

*Alternate Lay Member of Synod:* Sandra Franke

*Member of Advisory Board:* Eric Hewitt, Paul Scrivener, and Carol Ambler.

## **Congratulations to all!**

**MARK YOUR CALENDARS!** A tentative date has been set for next year's Vestry meeting: Sunday, February 28, 2021, following the 10:30 a.m. service.



Diocese of Toronto  
Anglican Church of Canada

## **Pastoral Letter to the Clergy and People in the Diocese of Toronto**

*(To be read at every service on March 8, 2020 and then posted or published in each parish for the duration of the protocol.)*

Dear Friends in Christ:

We continue to monitor the unfolding situation with COVID-19 (Coronavirus). We are aware that many people are anxious about the apparent lack of containment for this disease. We pray for all those who are dealing with this virus: patients and their families, and the health-care workers and scientists who are searching for a cure.

It is the informed opinion of our Bishop's Committee on the Healing Ministries, chaired by the Rev. Canon Joanne Davies, chaplain at Sunnybrook Health Sciences Centre's Bayview Campus and St John's Rehab, that the time has come to alter our liturgical practices.

As was the case during the SARS epidemic of 2003, here in the Diocese of Toronto **we are suspending the sharing of the common cup at celebrations of the Eucharist**. Presiding celebrants are to consecrate both the bread and the wine, and to consume in both kinds, but to administer only the bread to the rest of the congregation. The Church's ancient teaching is that the whole Christ is received whether one receives only consecrated bread or both bread and wine. This protocol is effective today and to be continued until further notice.

Additionally, **we are advising people to share words and smiles only, not handshakes or hugs, during the Exchange of the Peace.** Those churches that have repositories of still water, for example fountains or fountains, are to refresh the water daily or discontinue their use at this time. We ask every Anglican to practice rigorous handwashing and to self-quarantine at home if feeling unwell.

Together all of us can help mitigate both risk and fear in our communities by exercising this due diligence.

Our normal liturgical customs are important to us, and we hope to reinstate them as soon as we are advised that the risk of transmission has been better contained.

We believe that gathering for corporate worship as the Body of Christ is an integral part of, and not antithetical to, healthy living. We encourage our parishioners and worshipping communities to continue to meet and offer prayers and praise to our merciful God, who in the person of Jesus offers us the gifts of hope and healing for fullness of life.

May God richly bless you all in this Season of Lent.

Yours in Christ,

+ *Adelw Toronto*